

Montrose Race for Independence 10K
Montrose, PA
July 4, 2012

Overall Results

Place	Div/Tot	Gen/Tot	Name	Age	S	Time	Pace	PerF
1	1/6	1/89	Sean Burke	18	M	36:56	5:57	736
2	1/15	2/89	Thomas Daniels	23	M	36:56	5:57	736
3	2/15	3/89	Ryne Carney	21	M	37:55	6:07	717
4	1/22	4/89	Ken Quigley	41	M	39:46	6:24	683
5	2/6	5/89	Mike Robbs	18	M	39:59	6:26	680
6	3/15	6/89	Daniel Young	21	M	40:06	6:28	678
7	3/6	7/89	Richard Buchanan	15	M	40:08	6:28	677
8	1/15	8/89	Matthew Nebzydoski	37	M	40:19	6:30	674
9	4/6	9/89	Jacob Ross	15	M	41:58	6:46	648
10	4/15	10/89	Justin Farnsworth	24	M	42:35	6:52	638
11	2/22	11/89	Mark Ross	44	M	42:58	6:55	632
12	5/15	12/89	Russell Seidel	21	M	44:06	7:06	616
13	3/22	13/89	Randy White	45	M	44:10	7:07	615
14	6/15	14/89	Steven Stahl	23	M	44:44	7:12	607
15	7/15	15/89	Tim Nowakowski	26	M	44:45	7:12	607
16	2/15	16/89	Jacob Merrill	30	M	44:46	7:13	607
17	3/15	17/89	Matt Walsh	30	M	44:54	7:14	605
18	8/15	18/89	Kelly McGraw	24	M	45:02	7:15	603
19	5/6	19/89	Benjamin Ely	15	M	45:03	7:15	603
20	4/22	20/89	John Kwiatkowski	42	M	45:20	7:18	599
21	9/15	21/89	Dennis Bergevin	22	M	45:43	7:22	594
22	1/20	22/89	Mike Sopinski	52	M	45:50	7:23	593
23	5/22	23/89	Art Doolittle Jr	45	M	46:36	7:30	583
24	10/15	24/89	Philip Maynard	28	M	46:52	7:33	580
25	4/15	25/89	Mark Dorish	32	M	47:14	7:36	575
26	5/15	26/89	Matthew Schneider	33	M	47:25	7:38	573
27	1/9	27/89	Len Sowinski	67	M	47:47	7:42	569
28	6/15	28/89	Jesse Bennice	31	M	47:57	7:43	567
29	6/6	29/89	Chris Stein	19	M	47:58	7:44	567
30	1/3	1/42	Taylor Ross	17	F	48:13	7:46	637
31	7/15	30/89	Nate Seymour	37	M	48:29	7:49	560
32	2/20	31/89	Robert Kuchera	51	M	48:31	7:49	560
33	3/20	32/89	Lou Martin	52	M	48:37	7:50	559
34	4/20	33/89	Daniel Wells	51	M	48:43	7:51	558
35	6/22	34/89	Carl Speicher	44	M	48:50	7:52	556
36	1/10	2/42	Heather Walters	33	F	49:06	7:54	625
37	1/5	3/42	Jane Simpson	22	F	49:37	8:00	619
38	1/15	4/42	Cristin Bernhardt	42	F	49:47	8:01	617
39	7/22	35/89	Dennis Butler	40	M	49:53	8:02	545
40	5/20	36/89	Gary Fergusen	57	M	49:59	8:03	544
41	8/15	37/89	Jamie Hoyt	35	M	50:01	8:03	543
42	2/15	5/42	Kori Wood	40	F	50:01	8:03	614
43	8/22	38/89	Jon Lehtonen	47	M	50:17	8:06	540
44	9/22	39/89	David Bernhardt	41	M	50:34	8:09	537
45	3/15	6/42	Shannon Perry	47	F	50:58	8:13	602
46	2/10	7/42	Kelly Ford	38	F	51:14	8:15	599
47	6/20	40/89	Rich Owens	56	M	51:19	8:16	530
48	4/15	8/42	Michele Brown	41	F	51:38	8:19	594
49	2/9	41/89	David Simpson	60	M	51:39	8:19	526
50	2/3	9/42	Allison Hall	19	F	51:55	8:22	591
51	10/22	42/89	Brian Donahue	43	M	51:57	8:22	523
52	3/3	10/42	Kelly Purdy	18	F	52:08	8:24	589
53	11/22	43/89	Michael Wood	42	M	52:12	8:25	521
54	3/9	44/89	John Kopalek	61	M	52:20	8:26	519
55	7/20	45/89	Tom Meagher	56	M	52:20	8:26	519
56	4/9	46/89	Bob Kilcullen	66	M	53:31	8:37	508
57	12/22	47/89	D J Spellman	48	M	53:51	8:40	505
58	1/9	11/42	Gail Markstein	50	F	53:57	8:41	569
59	5/15	12/42	Jill Overly	43	F	54:01	8:42	568
60	9/15	48/89	Robert Damiano	34	M	54:06	8:43	502
61	11/15	49/89	Scott Summers	26	M	54:10	8:43	502
62	13/22	50/89	Ralph Rosa	49	M	54:13	8:44	501
63	14/22	51/89	Matt Voda	42	M	54:17	8:45	501
64	6/15	13/42	Kristin Olson	42	F	54:32	8:47	563
65	8/20	52/89	Ned Clark	55	M	54:34	8:47	498
66	9/20	53/89	William Cook	58	M	54:56	8:51	495
67	10/20	54/89	Rick Keogh	55	M	54:59	8:51	494
68	7/15	14/42	Dawn Devita	48	F	55:04	8:52	557
69	11/20	55/89	Douglas Overfield	55	M	55:15	8:54	492
70	8/15	15/42	Tari Trowbridge	41	F	55:31	8:56	553

71	3/10	16/42	Stacie Thornton	36 F	55:44	8:59	551
72	1/2	56/89	Benjamin Hasley	10 M	55:57	9:01	486
73	9/15	17/42	Denise Yaeger	43 F	56:01	9:01	548
74	15/22	57/89	Sal Martinez	41 M	56:21	9:05	482
75	4/10	18/42	Jen Fancher	32 F	56:59	9:11	539
76	16/22	58/89	John Voda	44 M	57:12	9:13	475
77	17/22	59/89	Michael Thornton	43 M	57:21	9:14	474
78	2/2	60/89	Michael Welch	5 M	57:34	9:16	472
79	5/9	61/89	Marsden Urmanec	69 M	57:35	9:16	472
80	18/22	62/89	Bob Crounse	47 M	57:40	9:17	471
81	19/22	63/89	Ed Desantis	47 M	57:44	9:18	471
82	20/22	64/89	Mitch Saula	45 M	57:49	9:19	470
83	12/20	65/89	Joel Peters	52 M	57:51	9:19	470
84	10/15	66/89	Greg Reichlen	35 M	57:56	9:20	469
85	13/20	67/89	Bill Strang	54 M	58:02	9:21	468
86	12/15	68/89	Alec Scott	23 M	58:02	9:21	468
87	11/15	69/89	Kevin McHale	38 M	58:05	9:21	468
88	13/15	70/89	Gary Smith	22 M	58:06	9:21	468
89	14/15	71/89	Bill Waring	27 M	58:06	9:21	468
90	5/10	19/42	Rachel Stahl	30 F	58:11	9:22	528
91	2/9	20/42	Phyllis Wells	52 F	58:37	9:26	524
92	6/9	72/89	Michael Hornak	67 M	58:53	9:29	462
93	6/10	21/42	Angela Nebzdoski	37 F	1:00:20	9:43	509
94	12/15	73/89	Jason Barfuss	33 M	1:00:26	9:44	450
95	2/5	22/42	Annie Rose Taylor	24 F	1:00:52	9:48	504
96	3/9	23/42	Mary Ann Hendrickson	56 F	1:01:12	9:51	502
97	7/10	24/42	Jennifer Weller	33 F	1:01:39	9:56	498
98	13/15	74/89	Andrew Weller	38 M	1:01:40	9:56	441
99	7/9	75/89	Tom Kilcullen	63 M	1:02:37	10:05	434
100	8/10	25/42	Heidi Trecoske	32 F	1:03:19	10:12	485
101	9/10	26/42	Jessica Hayes	30 F	1:03:38	10:15	482
102	4/9	27/42	Karen Gardoski	53 F	1:03:44	10:16	482
103	5/9	28/42	Beth O Malley	55 F	1:04:06	10:19	479
104	10/15	29/42	Tammy Bonnice	46 F	1:05:05	10:29	472
105	6/9	30/42	Carolyn Hall	50 F	1:05:46	10:35	467
106	11/15	31/42	Kim Rosnak	42 F	1:05:50	10:36	466
107	3/5	32/42	Megan Henry	20 F	1:05:51	10:36	466
108	12/15	33/42	Susan Ciaravino	41 F	1:05:55	10:37	466
109	21/22	76/89	Steven Mendoza	45 M	1:06:01	10:38	412
110	13/15	34/42	Kathy Purtell	44 F	1:06:26	10:42	462
111	14/20	77/89	Martin Farnelli	56 M	1:06:29	10:42	409
112	14/15	35/42	Sandra Welch	45 F	1:06:39	10:44	461
113	4/5	36/42	Victoria Summers	25 F	1:06:45	10:45	460
114	15/20	78/89	Roy Cordova	53 M	1:06:49	10:46	407
115	14/15	79/89	Gerard Damico	33 M	1:06:49	10:46	407
116	5/5	37/42	Julie Griggs	24 F	1:07:04	10:48	458
117	15/15	38/42	Michelle Butler	47 F	1:07:18	10:50	456
118	15/15	80/89	Alex Gundling	27 M	1:07:32	10:52	402
119	7/9	39/42	Margaret Stackhouse	54 F	1:07:43	10:54	453
120	16/20	81/89	Matt Rose	58 M	1:07:48	10:55	401
121	15/15	82/89	Michael Dickinson	35 M	1:07:51	10:56	401
122	17/20	83/89	Ray Smith	55 M	1:07:54	10:56	400
123	18/20	84/89	Daniel Cook	57 M	1:07:56	10:56	400
124	19/20	85/89	Patrick Ruehlman	58 M	1:09:30	11:12	391
125	20/20	86/89	James Clapper	51 M	1:09:57	11:16	388
126	8/9	40/42	Carol Sopinski	51 F	1:10:36	11:22	435
127	8/9	87/89	Jack Neary	60 M	1:11:06	11:27	382
128	9/9	41/42	Debbie Smith	52 F	1:12:17	11:38	425
129	22/22	88/89	Douglas Russell	44 M	1:12:17	11:38	376
130	10/10	42/42	Keithandra Vogel	30 F	1:13:13	11:47	419
131	9/9	89/89	Jim Cook	62 M	1:22:56	13:21	328